

Eye see you

Schriever Optometry clinic begins 'seeing' patients every Tuesday and Thursday



photo by SrA Mike Meares

Flame charmers

Airman 1st Class David Ferris, Schriever Air Force Base firefighter, directs a stream of water towards a simulated generator fire inside the training tower here as Chief Robert Finley, assistant chief of training, looks on. The fire is a controlled propane gas fire inside the first floor of the building. In honor of Fire Prevention Week, Oct. 3 through 9, the fire department put on a demonstration at the training tower for sixth-graders from Colorado Springs District 22 Schools and spoke with children at the Child Development Center here.

Sweet home Colorado: SFS Airmen return from OEF



photo by SrA Mike Meares

Senior Airman Rebekah Morris, 50th Security Forces Squadron, awaits the arrival of her husband's plane at the Colorado Springs Airport while A1C Emily Blankenship films the reunion on a video camera. Her husband, SSgt. Gregory Morris, and the rest of a 13-member security forces team returned from a six-month deployment to Manas Air Base, Kyrgyzstan.

SrA Mike Meares
50th Space Wing Public Affairs

After nearly a week of waiting for the rest of his team to return from Manas Air Base (AB), Kyrgyzstan, MSgt. Ken Niegel and a host of security forces Airmen and family members met the final nine members of the deployed team as they stepped off their flight at the Colorado Springs Airport, Oct. 7.

"It's good for all of us to be home now," said Sergeant Niegel, who returned with two other members a week earlier. "We can all rest up a little bit before we get back to a normal routine."

The team deployed to Manas AB, on China's western border, in March. At the base they provided security for a hub for humanitarian supplies being airlifted into neighboring towns and war-torn Afghanistan villages. While they were at Manas AB, they provided a variety of security functions including patrols, flight line security and base entry control.

Each day may have brought a different challenge for the Airmen, but the mission carried them through to the end.

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**WEEKEND
OUTLOOK**

Friday



High 64
Low 39

Saturday



High 72
Low 44



Sunday

High 65
Low 40

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STREET Talk

Are you ready
for the
winter months?

Chaplain (1st Lt.)
David Haltom
50th Space Wing

"It doesn't matter whether I'm ready, God is sending it anyway."



A1C Leigh Ann
Franzen
50th Security
Forces Squadron

"Not really, I'm from Texas and don't like the cold weather."



SSgt. Shawn Hamilton
50th Space
Communications Squadron

"Not really because I prefer spring and summer weather."



Becky Ross
850th Space
Communications Squadron

"I'm ready for the snow. Bring it on!"



Dorothy Archer
3rd Space
Operations Squadron

"No, I feel we were short changed during the summer."



Motorcycles:

Do you know the requirements?

Lt. Col. Stan Stafira
50th Space Wing Safety Office

Motorcycling is fun and exhilarating, but it is also three times as dangerous as riding in an automobile. Part of improving your motorcycle-riding defense is using the proper safety equipment. But what is the Air Force requirement for proper motorcycle personal protective equipment?

Air Force Instruction (AFI) 91-207, the U.S. Air Force Traffic Safety Program, describes five items that the Air Force considers proper personal protection gear. This gear is required to be worn by any motorcyclist wanting access to Schriever Air Force Base.

The intent of the requirement is to improve rider safety and visibility both on and off base. It is expected that riders wear the proper equipment from home to the base, and not just put on the proper equipment before arriving on base. This requirement is for motorcycle operations on Air Force installations and for operation by military personnel off base.

- According to AFI 91-207, a motorcyclist must wear, as a minimum, a Department of Transportation (DOT) approved helmet. You can tell that a helmet is DOT approved by a sticker placed on the back of the helmet with the letters "DOT." Helmets that meet Snell Memorial standards, which are much tougher than DOT standards, may also be worn.

- The rider must also wear impact resistant goggles or a full-face shield with the helmet.

- The motorcyclist must also wear a brightly colored or contrasting colored vest or jacket as an upper garment that is clearly visible and not covered. The upper garment must be reflective during the night.

A reflective bandolier or backpack does not constitute a vest or jacket, so they are not acceptable as a brightly colored or contrasting colored vest. Any two-toned motorcycle jacket that contains two distinct colors and has reflective material is acceptable.

For example, a two-tone grey and black jacket is not contrasting, therefore it is unacceptable, while a red and black jacket is contrasting and therefore acceptable.

If you have any questions on whether a jacket is acceptable, contact the 50th Space Wing (SW) Safety Office at 567-5045. In addition, riders are encouraged to wear approved motorcycle jackets because they are constructed

to provide much more protection than just wearing a reflective vest.

- Long sleeved shirts or jackets, full-fingered motorcycle gloves or mittens, and long trousers must be worn.

- Sturdy footwear, leather boots or over the ankle shoes are strongly encouraged. This type of footwear will provide better traction at intersections that contain sand or loose gravel and will give you better ankle support.

This personal protection gear will not only keep you safe while riding your motorcycle, but also ensure you are visible to other motorists increasing your safety. We want everyone to have fun while riding a motorcycle, but we want to make sure you have fun safely.

For more information on motorcycle safety, contact the 50th SW Safety Office at 567-5045



photo by SSgt. Russell Wicke

The proper motorcycle safety gear includes a reflective vest or jacket, full-fingered gloves or mittens, boots or over the ankle shoes, a Department of Transportation approved helmet and impact resistant goggles or face shield.

Commander's Hotline

The Commander's Hotline is your direct link to Col. Suzanne Vautrinot, 50th Space Wing commander; to ask a question, make a comment or register a complaint. Everyone's concern for making Schriever Air Force Base a quality place to work is appreciated. You can access the Commander's

Hotline through e-mail by sending your question, comment or concern to commgramhl@schriever.af.mil.

Please include your name, rank, duty section, phone number and question, comment or concern. You will receive an answer to your question soon.



Col. Suzanne Vautrinot

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COL. SUZANNE VAUTRINOT, 50TH SPACE WING COMMANDER

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Deadline for all stories is noon Friday, one week prior to the desired publication date. Submissions can be dropped off to the Public Affairs office, Bldg. 210 Room. 316; faxed to 567-5306; e-mailed to flyer@schriever.af.mil; or mailed to 210 Falcon Pkwy., Ste. 2102, Schriever Air Force Base, Colo., 80912-2102. Refer questions to the Satellite Flyer staff at 567-5041.

CMI's cause big problems

TSgt. Michael Crandall
50th Space Wing
Information Assurance

Classified material is available at the Base Exchange.

Of course this is not true. In fact most people would be shocked to see anything they knew to be classified available at the base exchange and would report it immediately.

Many people would be surprised to know that there is an increase in Classified Message Incidents (CMIs).

What is a CMI? A CMI is when classified information is introduced onto an unclassified computer network.

There have been 13 CMIs at Schriever in 2004—7 of those 13 have originated with Schriever users.

Each incident comes with an operational cost.

Apart from the obvious national security implications of releasing classified information using unsecured means, each incident takes an average of six hours to contain with two hours of e-mail downtime.

This is added to the numerous hours spent investigating the incident and reporting the findings (who, what, how, etc.) to the commanders associated with the incident.

The two greatest means of introducing

classified material onto the unclassified network have been individuals placing classified verbiage into the text of an unclassified e-mail and the placing of a classified attachment to an unclassified email.

Attention to detail is the issue and the solution to this problem. Just as people would be shocked to see classified material in the Base Exchange they should be sure of what they are attaching or writing in their unclassified emails.

The Air Force Space Command (AFSPC) mission depends heavily on reliable and secure networks. Everyone must understand the importance and consequences of security infractions, especially in the present wartime footing. All CMIs are unacceptable and threaten our national security.

Gen. Lance Lord, Commander AFSPC has set a goal of zero classified message incidents.

Some ways to help prevent CMIs are to take the time to contact unit security advisors and review security classification guides to be sure everyone knows what is and is not classified.

The CMI information page on the Schriever intranet is another good place to go for information. With education and increased vigilance Schriever can meet the challenge of zero CMIs.

TOP SECRET

HOME from Page 1

The Airmen worked 12-hour shifts for three days and then had one day of rest before starting the cycle over again. They shared more than 40 posts with 76 members on their flight from Eglin Air Force Base (AFB), Fla; Ramstein AB, Germany; Dyess AFB, Texas; Wright-Paterson AFB, Ohio; and Cheyenne Mountain Air Force Station, Colo. as well as Air National Guard Airmen from Florida, Oregon and Montana.

"We had a good group of guys to work with," said SrA Will Doherty. "Their friendship and camaraderie helped make the time pass fairly quickly."

Including their responsibilities of providing security for the flight line and gates, they conducted off-base patrols into the villages for sand footprints. They would search for activity around the local area that would indicate activity against the base. They were particularly concerned about surface to air missiles because of the flight missions that flew in and out of the base. In the process of searching the off-base locations, they worked on maintaining a positive presence among the locals.

"(The purpose of) our off-base patrols was to maintain a positive presence with the locals," said SSgt. Joel Houston. "We were there to provide security for the base and to help the poverty stricken country."

During the summers while watching their crops, the locals live in mud brick huts that are considered shacks by American standards.

"It's a way of life for them," said SSgt. James McMillien. "I felt bad for their situation, but that is what they are used to."

Providing security with the locals was a chore for the Airmen at times. Trying to communicate what they had to do was sometimes a challenge.

"The language barrier made it difficult for us to do our jobs at times," said A1C Cindy Loza. "We had to wait for interpreters to tell the locals we needed to search their vehicles or tell them to slow down."

On the flight line, they would guard aircraft carrying supplies, troops and even Al-Qaeda prisoners that were on their way into, or around, Afghanistan. Some of the Airmen from Schriever went on flyaway missions into Afghanistan, providing aircraft security.

Off the flight line and back in their tents, some of the Airmen had a little taste of home. SrA Tim Hankins played football on a Playstation game system. He bragged about his accomplishments with the Kansas City Chiefs, his favorite team.

"It took my mind off the job and helped me relax," said Airman Hankins. "It wasn't too stressful there, but being halfway around the world and having freedoms that I'm used to be restricted is tough."

Other Airmen spent time at the gym or watched movies. All of them missed the comforts and familiarities of home.

"It made us all mature as Airmen, no matter what your rank is," said SSgt. Greg Morris. "We were each other's families while we were there. You get close to people in such tight quarters."

Now that they are back, they will take some time for rest and relaxation before getting back to their flights.

"I'm looking forward to them sharing their experiences with members of their flights, as we ramp-up our preparations for future Aerospace Expeditionary Force deployments and our Operational Readiness Inspection," said Maj. Mike Reiner, 50th SFS Commander.

Spacegaters howl at win against New Mexico Lobos

SrA Mike Meares
50th Space Wing Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — Before the Air Force Falcons met the New Mexico Lobos on the gridiron for a conference match-up, the Spacegaters met once again for the home game tailgate party.

An American tradition continues with the Spacegaters, a tailgate party hosted by the 50th and 21st Space Wings. This long-standing tradition at every Falcon home game has plenty of grilled hamburgers, hotdogs, bratwurst and ice cold drinks pulled out of coolers to get people ready for the game.

Falcon quarterback Shaun Carney made some good choices Saturday night to help the Falcons overcome embarrassing special-teams debacles and hold onto a 28-23 victo-

ry over the Lobos.

The Falcons won despite nearly blowing a 21-0 halftime lead after having two blocked punts returned for touchdowns.

The second blocked punt cut Air Force's lead to five at 28-23 with four minutes left. Adam Cole ran the ball up the middle, barely getting the tip of the ball past the first down marker to seal the win.

The New Mexico defense stopped Air Force—three-and-out—on five straight possessions to open the third quarter. Although the Falcon punting game suffered—Donny Heaton had shanks of 16, 19 and 18 yards—the Falcons held on to win.

The next Air Force home game, against Brigham Young University will begin Oct. 23 at 1 p.m. with the next Spacegaters tailgate party kicking off at 11 a.m. that day.



photos by SrA Mike Meares

New Mexico quarterback, Tali Ena, is hit as he throws by Air Force linebacker John Rudzinski. Air Force won the game 28-23 to even their record at 3 wins and 3 losses. New Mexico's loss drops their record to 2 wins and 4 losses.



Lt. Col. Michael Lakos, National Reconnaissance Office Operations Squadron, plays catch with his son, Marcus, at the Spacegaters tailgate party, held before Air Force Academy Falcons home games. The next party is scheduled for Nov. 13.



photo by Chris Tucker

In honor of

Lionel Rivera, Colorado Springs Mayor, receives a plaque from CMSgt. Ernest Trujillo, 50th Space Wing (SW) and Col. Suzanne Vautrinot, 50th (SW) Commander. Mayor Rivera was the featured speaker Oct. 4 at the 50th SW recognition ceremony in honor of Hispanic Heritage Month. Mayor Rivera is the first hispanic mayor in Colorado Springs history.

Air Force Reserve Lt. Col. Continuation Board set to convene

The Chief of the Air Force Reserve has requested approval from the Secretary of the Air Force to convene a selective continuation board at the conclusion of the fiscal year 2005 Air Force Reserve Line and Non-line Colonel Promotion Selection Board.

The selective continuation board will consider Air Force Reserve officers, serving in the grade of lieutenant colonel, who are on the Reserve Active Status List (RASL) as of the board convening date, who are rated officers or hold an Air Force Specialty Code manned at or below 95%, and assigned to the Selected Reserve or Limited Extended Active Duty recall, who will complete 28 years of commissioned service between 1 Jan. 1 and Dec. 31 2005.

These officers may be selected for continuation on the reserve active status list to 30 years total federal commissioned service. No officer will be continued beyond the last day of the month in which that officer becomes 60 years of age. Continued lieutenant colonels will be eligible for promotion consideration for as long as they remain on the RASL.

The board is scheduled for Monday through Oct. 23 at headquarters Air Force Reserve Personnel Center.

Det 5 changes commanders, cleans up island



Capt. David Hanson accepts the guidon for Detachment 5, 22nd Space Operations Squadron (SOPS) from Lt. Col. Michael Moran, Commander 22nd SOPS.

TSgt. Greg Butikofer, Detachment (Det.) 5, 22nd Space Operations Squadron (SOPS) Quality Assurance Evaluator, and John Aquiningoc, Det. 5, 22nd SOPS Facilities Technician, haul a truck-full of roadside garbage away. Det. 5 personnel conduct highway cleanup efforts twice a year on Guam to help beautify the roads leading to their site.

Det gets new commander

Capt. David Hanson, formerly the 3rd Space Operations Squadron (SOPS) Flight Commander, accepts command of Detachment (Det.) 5, 22nd SOPS at a ceremony at Andersen Air Force Base, Guam.

Lt. Col. Michael Moran, 22nd SOPS Commander, presided over the ceremony which hosted more than 80 people. In attendance were the host base wing commander, vice wing commander, mission support and maintenance group commanders.

Det. 5 is one of seven remote tracking stations in the Air Force Satellite Control Network providing uninterrupted space support, consisting of

space vehicle tracking, status and mission data retrieval and executing real-time satellite commanding.

Det. 5 supports the launch and operation of over 140 Department of Defense, national, allied and civil satellites, by conducting approximately 500 satellite contacts every week.

Cleaning up the island

Det. 5, 22nd SOPS recently conducted a highway cleanup along the route to their site.

Military and contractor site personnel collected over 3000 pounds of trash over a two and a half mile stretch of roads including moving two abandoned vehicles.



courtesy photos

Detachment 5, 22nd SOPS Facilities Supervisor Ed Voss, moves one of two abandoned vehicles as part of their highway cleanup efforts recently on Guam.



Doctor Eddington uses a phoropter to determine a prescription for Airman Peters. The Air Force requires to Airmen who need them to maintain two pairs of glasses and gas mask inserts.

Clinic has eye on expanding services, helping Airmen see

A1C Jason Ridder
50th Space Wing Public Affairs

The Schriever clinic continues to add services as its role on base grows. Doctor (Lt. Col.) Rich Eddington, and Doctor (Capt.) Wade DeMordaunt now see optometry patients on Tuesday's and Thursday's.

The Schriever clinic offers a full-service optometry clinic that can analyze vision, prescribe glasses and update contact prescriptions. They can also diagnose and treat a majority of eye diseases including bacterial conjunctivitis, corneal abrasions and contact lens over-wear.

"80 percent of our walk-ins are people with contact problems," said Doctor Eddington. "Most people know that you can't sleep with contact lenses in, but what they don't realize is that if they keep them in for all of their waking hours it can cause the same amount of damage."

Doctor Eddington recommends people have an eye exam every two to three years, unless they wear contact lenses, then they should have an exam every year. "Although people have their vision tested during a yearly physical health assessment, only an optometrist

can evaluate the health of the eye," he said.

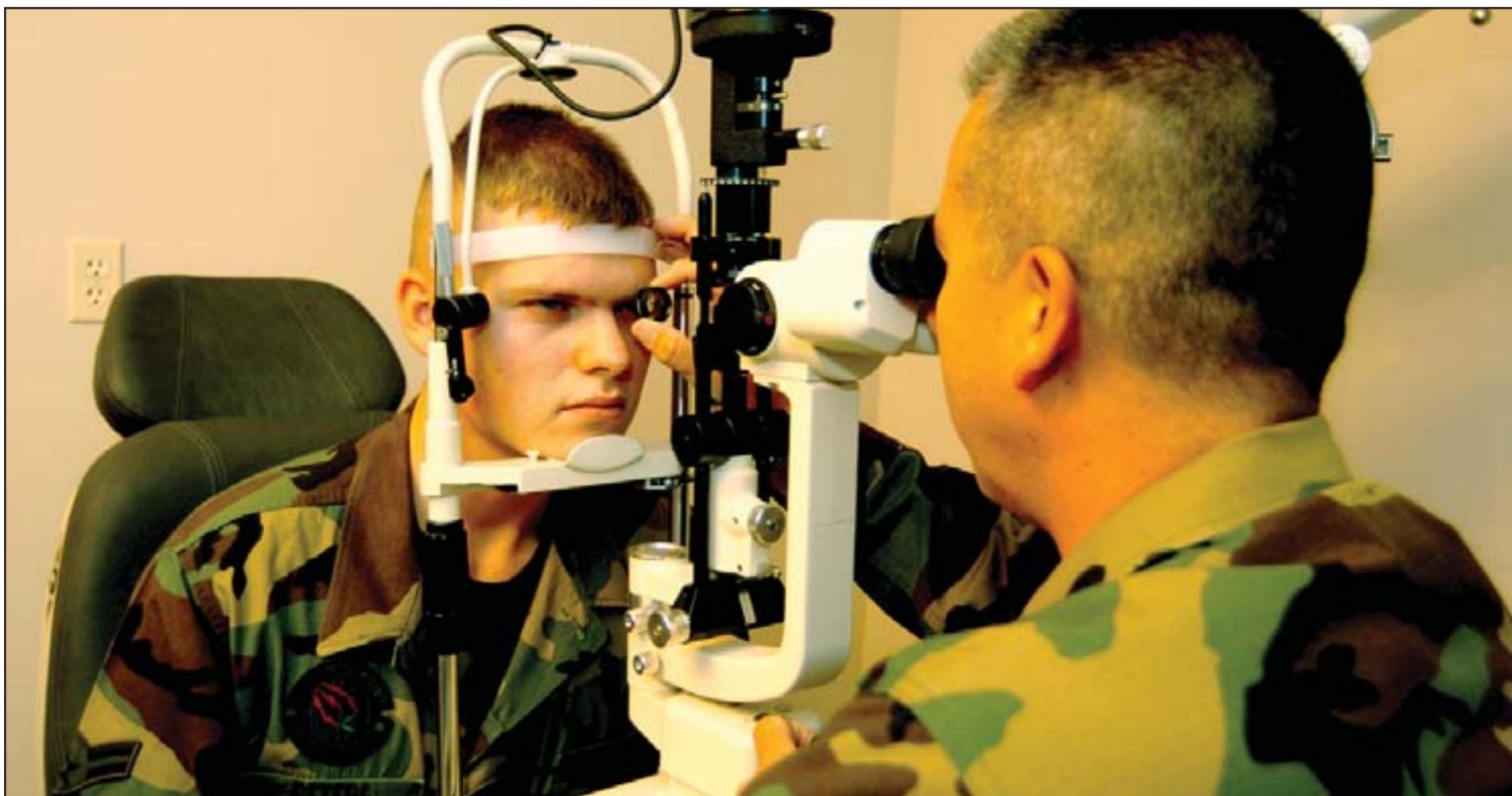
The optometry exam consists of two parts; the phoropter and the slit lamp.

The first part is a refraction to determine a person's prescription. The doctor uses the phoropter, which Doctor Eddington calls the "one, two machine." Most people are familiar with this part of the exam, where the doctor will ask you if the image is clearer with lens number one or number two.

After the doctor determines the patient's prescription he conducts the health check. The doctor uses the slit lamp to conduct a full review of the external and internal components of the eye. The machine is basically a microscope turned on its side and is used to magnify the surface of the eye. The doctor then uses a separate lens to see the optic nerve and the retina inside the eye.

The Air Force requires Airmen to maintain two pairs of glasses in addition to gas mask inserts. "Most people don't realize they can't deploy with contact lenses," said Doctor Eddington.

To make an appointment, call 556-CARE (2273), between 7:30 a.m. and 4:30 p.m. Active-duty military members can schedule appointments at 6:30 a.m.



photos by Alex Groves

Airman First Cladd Jonathan Peters, 50th Space Communications Squadron, has his eye examined by Doctor (Lt. Col.) Rich Eddington. Doctor Eddington is one of two optometrists here.

Schriever Clinic to accept retirees

Staff Report

Schriever Medical and Dental Clinic

The Schriever Family Practice Clinic is now enrolling a limited number of retirees and dependents. Changes will be granted only to people who meet all of the following criteria:

The patient must be over 18.

The patient must currently be TRICARE Prime enrolled at the 21st Medical Group Family Practice Clinic.

The patient must currently be a civilian or contract employee physically working on Schriever Air Force Base.

The patient must be willing to receive all primary care appointments at the Schriever Clinic.

The age restriction is necessary at this time because the clinic was designed as a troop clinic and is not designed to handle children. There are plans to make updates to the clinic in the

future as the need to treat children grows.

A question that has risen on the base is, "what if there is an emergency at the Child Development Center (CDC)?"

In the event that a child is severely ill or injured at the CDC, the staff will call 911 immediately for assistance. The fire department and a first aid technician will respond, evaluate, treat and arrange for definitive care at the closest medical treatment facility that can provide the appropriate level of care necessary.

Any person regardless of age or eligibility who comes to the Schriever Medical and Dental Clinic with an emergency will not be turned away. They will be evaluated, stabilized and transferred if necessary for more definitive care.

Interested beneficiaries should download the enrollment form, which will soon be available on the Schriever intranet, complete, sign, and bring it to the front desk of the Schriever

Clinic. Applications will be accepted in the order they are received until the enrollment cap is achieved. Schriever employees are encouraged to act quickly.

The primary care manager (PCM) change will take effect on the date the form is submitted to Schriever Clinic staff. It may take the clinics contractor up to 45 days to make the change in their system. If you call to schedule an appointment for Schriever, please mention to the appointment clerk that you have submitted a PCM change request and would like your appointment scheduled with Dr. Amy Reynolds.

To make an appointment, call 556-CARE (2273), between 7:30 a.m. and 4:30 p.m. Active-duty military members can schedule appointments beginning at 6:30 a.m.

Once the computer is updated, you can also schedule same day appointments, through TRI-CARE online at www.tricareonline.com.